

**JUEL FAIRBANKS CHEMICAL DEPENDENCY SERVICES
GRH CLIENT GROUP SCHEDULE**

Revised 1/8/2018

	Mon	Tue	Wed	Thur	Fri	Sat	Sun
6 am	Shower/Dress Breakfast	Shower/Dress Breakfast	Shower/Dress Breakfast	Shower/Dress Breakfast	Shower/Dress Breakfast	Breakfast	Breakfast
7 am	Chores	Chores	Chores	Chores	Chores	Chores	Chores
7:30 am	Meditation	Meditation	House Meeting Starts at 8am Meditation	Meditation	Meditation	Chores	Chores
8:30 am	GRH/Res LADC	GRH/Res LADC	Starts at 830am	GRH/Res LADC	GRH/Res LADC	Chores	Chores
9 am		8:30-10:45am Accupuncture <i>(Must Sign)</i>		Nursing Lecture Must attend one	Nursing Lecture Must attend one LPN	Chemical Free Leisure Activities	Chemical Free Leisure Activities
10 am				MI/CD Therapy Group <i>(Closed)</i> Dr. Bob	Chemical Free Leisure Activities	Chemical Free Leisure Activities	
11 am			Nursing Lecture Must attend one LPN		Visiting Hours 11 AM to 3:00 PM	Visiting Hours 11 AM to 3:00 PM	
12 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1 PM	Super Clean 1pm-230pm			Red Road Group (Referred) LADC	Visiting Hours 11 AM to 3:00 PM	Visiting Hours 11 AM to 3:00 PM	
2 PM				Red Road (Referred) LADC	Visiting Hours 11 AM to 3:00 PM	Visiting Hours 11 AM to 3:00 PM	
4 - 5 PM	Domestics Store	Domestics Store	Domestics Store	Domestics Store	Domestics Store	Chemical Free Leisure	Chemical Free Leisure
5 - 6 PM	Supper	Supper	Supper	Supper	Supper	Chemical	Chemical
6 - 9 PM	Talking Circle 6:30p-7:30p Res/GRH (must go to one)	In House AA meeting 6:30p-7:30p Res/GRH (must go to one)	In House NA meeting 6:30p-7:30p Res/GRH (must go to one)	Wellbriety Meeting In Community	Visiting Hours 7 - 9 PM	Free Leisure Activities	Free Leisure Activities

Dr. Bob individual counseling 10 am - until done (one)

Meatimes last approximately 30 minutes. Daily Medication Distribution times: 7 am, 9 am, 12 noon, 5 pm. (Depends on prescription). See Client Handbook for more information. Homework assignments & goals to be completed according to Counselor requirements. *Therapeutic recreation provided at minimum monthly.